

BOARD OF SUBSTANCE ABUSE AND MENTAL HEALTH
Meeting of June 29, 2006
Grand County Council Chambers
Moab, Utah

Attended:

Board Members:

Dr. Michael Crookston
 Nora B Stephens

Paula Bell
 Louis Callister

Excused:

Joleen Meredith
 Dr. James Ashworth
 Darryl Wagner

Staff:

Mark Payne
 Jan Fryer

Guests:

Bob Greenberg
 Dan Rogers

Councilperson Judy Carmichael
 Commissioner Gary Kofford

AGENDA	DISCUSSION	RECOMMENDATIONS/ACTION
Welcome & Introductions	Dr. Crookston, chairing the meeting in Dr. Ashworth's absence, called the meeting to order and welcomed those in attendance. Louis Callister, recently appointed by the Governor to the State Board was recognized and introduced. Board members welcomed Lou to the Board and noted that he will be a great asset to the Board.	
Approval of May 16, 2006 Minutes	The minutes of the May 16, 2006 meeting were not ready for approval.	The May minutes will be on the agenda for approval at the August 15, 2006 meeting.
Presentation by Four Corners Community Behavioral Health	Bob Greenberg, Director of Four Corners Community Behavioral Health, introduced two members of the Center's Local Authority Board who were in attendance, Judy Carmichael, Councilperson from Grand County and Commissioner Gary Kofford from Emery County. Bob provided a PowerPoint presentation and reported that Four Corners Community Behavioral Health is the sole source substance abuse and mental health provider for Carbon, Emery and Grand Counties and the Capitated Medicaid mental health provider for the same Counties. Background information since the Center came into existence in 1972 and information on the array of services provided within each of the counties was also provided. Bob reported that access to services is a major issue because of the widespread area that is served by Four Corners. Bob highlighted the following Center accomplishments: 1) one of the most efficient providers in the state, producing the most hours of services for the fewest dollars, 2) has the highest Medicaid penetration rate in the state, 3) works hard to implement evidenced-based treatment practices, 4) drug courts currently exist in all three counties, 5) works hard to become faithful to the evidenced-based model for treating substance abuse and co-occurring disorders, 6) have become experts at conducting motivational assessments, 7) active in developing collaborative relationships with other agencies in southeastern Utah, 8) developed and maintained an electronic clinical record system and an MIS system over the past 12 years, 9) policy and procedure manual is current and web-based, and 10) Board of Trustees is active and effective and includes local authorities as voting members. The following challenges were highlighted, 1) the decrease in state funds year by year for both mental health and substance abuse, 2) the center is Utah's smallest comprehensive provider and the increasing frequency of audits and reviews is a difficult burden for the center's management to accommodate, 3) staff training is expensive because of the travel involved, 4) work force issues including recruitment and retention, and 5) access to inpatient services. In spite of the challenges, Bob reported that he is extremely proud of the Center's accomplishments and recognized the highly competent staff that is innovative in finding ways to help mitigate the financial and geographical challenges. Bob also recognized the local authorities for their support and reported that they conduct public formal hearings on an annual basis in each of the three counties. Time was allowed for questions and answers.	The Board expressed their thanks and appreciation to Bob for the excellent report provided and commended he and his staff for their efforts and accomplishments in spite of the numerous challenges, which they face.

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Presentation by San Juan Counseling	<p>Dan Rogers, Director of San Juan Counseling, provided a PowerPoint presentation to the Board and reported on the financial difficulties, which the center is facing. Dan reported that a lot of the difficulties result because the center has relied on grants for the past several years, however, there is no longer adequate staff or the expertise to write grants. In addition, there have been funding cuts from the Division over the past three years because there has been more growth in other areas of the state, and the current funding formula for reallocating funding is based on population growth. Dan indicated that most of the cuts have been on the mental health side, and at this point, San Juan is able to provide substance abuse services. However, mental health has been in a deficit for the past two to three years. Dan reported that the center is trying to do everything possible to provide the needed services and that staff has been asked to increase available hours. However, hours have been maximized to this point and spending levels are minimal. Meetings have also been held with Medicaid to explore the issue of capitation, however, it is difficult for San Juan Counseling to become capitated because of its size. Dan reported that employees are being laid off and as of June 30th, all offices will be closed except the main office in Blanding that provides outpatient services for mental health and substance abuse. The day treatment program in Blanding, which is in a separate building with separate staff, will also remain open to provide day treatment services. Dan referred to the state statute center which allows for areas such as San Juan to operate as single counties, with the option to combine into interlocal agreements if they choose; however, the statute as written, does not force them to join with other areas. Dan suggested consideration of a minimum administrative base or a certain base of funding that would allow for sufficient administrative staff in order to administer the contracts and programs. He indicated that it is more expensive to provide services in the rural areas of the state and something beyond a typical rural differential for areas such as San Juan is needed.</p> <p>There was a lengthy discussion relative to the information presented by Dan and possible next steps for addressing the issues. The Board raised questions about their authority and power to make recommendations that are appropriate and that will make a difference. Mark indicated that the Division could come up with various scenarios for the Board regarding a merger, law changes, funding formula changes, etc.</p> <p>Mark informed the Board that the Division has identified a team of experts throughout the mental health and substance abuse system to travel to San Juan Counseling on July 31 through August 2nd for a technical assistance visit relative to the center's situation. He indicated that the team is headed up by Ron Stromberg, Division's Assistant Director. A report from the team, including recommendations, will be developed and submitted to the San Juan County Commissioners.</p>	<p>Paula moved that the Division develop a list of options with recommendations, which include information relative to a possible merger and changes in the statute and funding formula, for the Board's consideration. Motion seconded by Lou and approved unanimously.</p>
Future's Report	<p>Bob Greenberg provided a PowerPoint presentation on the Future's Report and distributed a revised version of the Executive Summary. A third draft of the report was also provided to the Board and Bob reported that the draft is now being circulated among a wider community including both funding and policy-making. A final draft will be developed once all comments and feedback are received and formal resolutions of support will be adopted. Bob indicated that there are policy questions that need to be sorted out with the division, department and Governor's office prior to the Board officially endorsing the report. He recommended that the Board carefully review the executive summary and the report and have some serious dialogue and consultation with the executive branch.</p>	<p>Board members should submit any feedback they may have on the Future's Report to Jack Tanner.</p>

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Administrative Rules	Two administrative rules addressed by the Board in previous meetings were provided to the Board. They include the Off-Premise Retailer Alcohol Training and Education Seminar (EASY) and the On-Premise Alcohol Training and Education Seminar Rules. These rules and their principles were discussed at the May Board meeting, and based on the discussion, Victoria Delheimer incorporated the principles into the rules and highlighted the revised areas in red. Mark reported that due to the timeframes involved, the revised rules were then e-mailed to the Board and the Rules Committee so that emergency rules could be filed in order to become effective July 1 st . Mark reported that a formal vote now needs to occur by the Board, knowing that the rules may be altered based on any public comment that might be received during the 30-day comment period.	<p>Nora B noted a typographical correction to the Off-Premise Rule on the 1st page, Item (9); “of” should be change to “or”.</p> <p>Lou moved that the Board approve and adopt the two rules as discussed. Motion seconded by Nora B and approved unanimously.</p>
Board Recognition at Fall Conference	Mark asked the Board if there was an individual or a program that they would like to formally recognize as a Board during the awards ceremony at the fall substance abuse conference.	A couple of ideas were suggested which will be e-mailed out to the entire Board for their input and any other possible suggestions.
State Hospital Report	Mark reported that Dallas Earnshaw was unable to attend the meeting, however, a written Hospital report was provided and reviewed. The Hospital is meeting with the Building Board to lay groundwork to increase beds on the Forensic Facility. The Hospital has started programming for the additional 30 beds funded by the Legislature, and nursing has been very successful through creative retention and recruitment efforts. The new Warehouse is completed and supplies have been moved in, and demolition of old facility will soon begin. The Hospital’s annual volunteer recognition banquet was recently held, and in 2005, the Hospital had a total of 728 volunteers that contributed a total of 24,691 counted volunteers hours. Two individuals were recognized for 36 years of volunteer work at the State Hospital.	FYI.
2006 Meeting Schedule	The Board reviewed the remainder of the meeting schedule for 2006 to determine if it was necessary to reschedule any meetings.	Following the discussion, it was agreed that the 2006 meeting schedule would remain as is. Lou Callister asked to be excused from the September Board meeting. The Board will revisit the 2007 meeting schedule in January.
Adjournment		Paula moved that the meeting be adjourned. Motion seconded by Nora B and approved unanimously.